

Platte Prairie farms & EcoSystems Management 2010 CSA Agreement

What Is Community Supported Agriculture?

Community Supported Agriculture (CSA) is an alliance between farmers and eaters. Families and individuals who join the CSA receive a share of produce every week for 22 weeks during the growing season (June thru October). We become a community supporting our local secure food system by adding our human Energy and Spirit. In exchange, members sign a contract for the season, agree to pay in advance, and help with the chores several times throughout the growing year. Both partners share in the risks and rewards of small-scale growing: weather, insect damage, deer, and bumper crops.

What Is My Share of the Food?

The weekly food share includes an average of 7 to 9 items for full shares, 4 to 6 for partial shares and 3-4 items for Individual (less early and late in the season, and more at peak season). A full share should be ample for a family of four, or two adults who cook at home regularly. A partial share is a good size for two adults who don't cook at home every night. Individual share is sized for a single person.

Bulk quantities can be purchased for canning, freezing, and storage.

Every week the share of produce will vary....more drastically with the changes in season.

For example:

Spring - beets w/greens, green onions, chard, carrots w/tops, lettuce, arugula, cabbage, kohlrabi herbs

Summer - tomatoes, peppers, eggplant, okra, cucumbers, onions, green beans, potatoes, sweet corn, melons, yellow squash/zucchini, garlic, black berries, raspberries, crabapples, apples, grapes, pears, flowers and assorted herbs

Fall - lettuce, broccoli or cauliflower, cabbage, winter squash, swiss chard, carrots, potatoes, garlic, collard greens, kohlrabi, sweet potatoes, potatoes, grapes, apples, pears, flowers, and assorted herbs.

, radishes, turnips, kale, spinach, leaks, strawberries, rhubarb, pie cherries and flowers

We have a fruit and berry add-in in partnership with FieldStone Orchard Overbrook Kansas. Your choice of 5 varieties in season from the following list.

(place an x in front of your 5 choices)

rhubarb 2lb strawberries 1 qt pie cherries 2lb blackberries 2lb, plums 2lb
 raspberries 2lb, peaches 4 grapes 1lb asian pears 3 apples 6 crabapples 2lb

Bulk orders of fruit available for extra charge.

SHARE SIZES & COST

Full Season CSA:

Full Family 7-9 items/ week \$500

\$ 300 reserves a full share with remaining \$200 by April 1

Partial/Half 4 -6 items/ week \$250

Individual: 3-4 items/ week \$220

\$175 reserves a half or individual share with remaining amount by April 1

Fall CSA: November 6th till December 23rd, six distributions

Full Family .4-6 items/ week \$275

Includes 50lb sweet potatoes and 25lb winter squash

Partial 2 -4 items/ week \$175

Includes 25lb sweet potatoes and 15lb winter squash

Fall CSA requires full payment by September 15

How Does It Work?

Each member household contributes by assisting with the harvest of the shares and the general farm work of that particular day a few times throughout the season. Farm shifts will be scheduled at the convenience of the individual members.

FARM SHIFTS

Full Share: Total of 12 hours (shifts to be scheduled with individual)

Partial Share: Total of 9 hours (shifts to be scheduled with individual)

Individual: 8 hours (shifts to be scheduled with individual)

FOOD PICKUP

Shares not picked up on designated days will be donated to someone who needs healthful food unless prior arrangements are made.

1. 5223 N Merrimac Ave KCMO 64151(FARM) Saturday 10 AM -2 PM

2. Bad Seed Farmers Market 1909 McGee KCMO Fridays 4:30-8:00PM (Pre arranged only)

We agree to become part of the Platte Prairie EcoSystems Management Community Food System.

_____ Date_____

_____ Date_____

Address:_____Phone: _____

Steve Mann

Platte Prairie EcoSystems Management

Kansas City, Missouri

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